CHECKLIST POST-TRAVEL

Expertenkomitee für Reisemedizin
Comité d'experts pour la médecine des voyages
Comitato di esperti per la medicina di viaggio
Expert committee for travel medicine

OF NOTE

Not everyone needs a medical check-up after traveling.

Seek medical care after travelling if you have:

- fever >37.5°C after returning from a malaria endemic area (even months after returning!; main concern: malaria)
- sustained a bite or scratch wound by a mammal (main concern: rabies! Seek medical advice immediately)
- severe diarrhea or prolonged / chronic gastrointestinal complaints
- chronic non-healing skin ulcer(s) / insect bite wound(s)
- had unprotected sexual intercourse
- any worrying / unusual symptom appearing during travel or shortly after returning
- taken self-emergency treatment (SBET) against malaria or if you have been treated for malaria during travel (if no symptoms, check-up is only needed within 7 days following treatment).

Get an appointment with a doctor who is experienced in travel and tropical medicine. You can find a list of specialists in tropical and travel medicine (FMH) in the section "Ask a specialist".

No guarantee can be given for the accuracy and completeness of the medical information, nor can any liability be accepted for any damage that may occur.