



HEALTHY TRAVEL PRO

Travel medicine recommendations for health professionals

www.healthytravel.ch

WHAT WE OFFER

HealthyTravel.ch provides basic travel medicine recommendations for the public. As a health professional, you can get access to a fee-based site where you will benefit from more in-depth country-specific information, vaccination recommendations, detailed maps (including malaria recommendations), fact sheets, standard operational procedures (SOP) for vaccinations and other important travel medicine content that you can use for counselling. All information can be individually compiled, stored with bookmarks and a report can be printed out or sent electronically to your customers.

The recommendations and content on the website reflect the recommendations of the Swiss Expert Committee for Travel Medicine (ECTM) - an organ of the Swiss Society of Tropical and Travel Medicine (FMH). They are developed in collaboration with the Federal Office of Public Health (FOPH). Please note that all content available on the website HealthyTravel.ch is protected by copyright and may not be passed on to third parties. The website is under construction and will be continuously expanded with additional content and updates.

YOUR FIRST INSIGHT

We are pleased to give you some examples and insights on what you will find on our website with the additional information for health professionals marked in green:

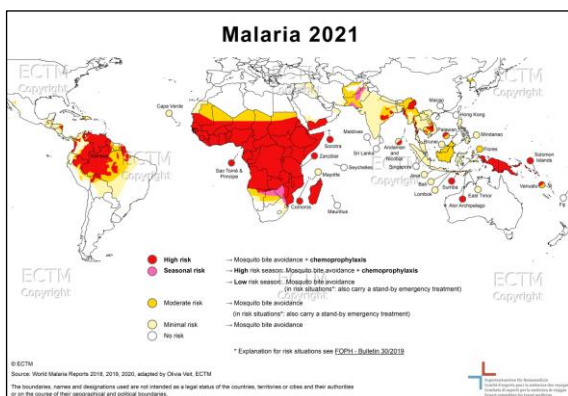
The screenshot shows a navigation menu for 'Polio myelitis'. At the top, there are tabs for 'Factsheet', 'Flyer', 'Infosheet', 'MAP', and 'Bookmark'. Below these are four main items, each with a plus sign and a star icon:

- Key aspects** (marked with a star)
- Polio myelitis - Map for Health Professionals** (highlighted in green, marked with a star)
- Polio myelitis - Fact sheet** (marked with a star)
- Documents for health professionals** (highlighted in green, marked with a star)

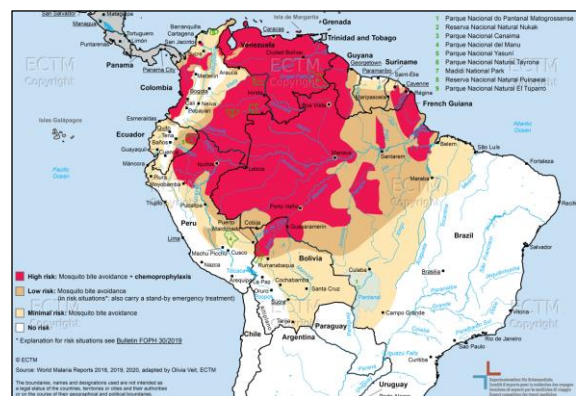
Maps

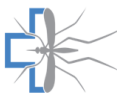
Among other maps, use our 8 regional malaria maps in your consultation! The HealthyTravel PRO version offers detailed maps with malaria prevention recommendations which include landmarks such as cities, rivers and national parks that facilitate your travel medicine advice.

Worldmap for public use:



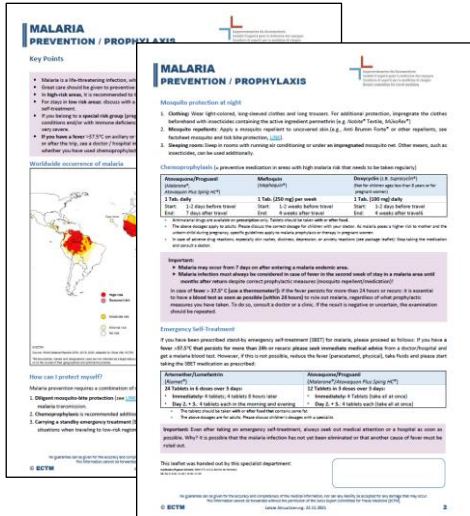
Example of a detailed regional map:





Flyer, Infosheets and SOP for vaccinations

Find factsheets that are available in layperson language for the public. In addition, we provide flyer, infosheets and SOP for vaccinations with additional information for our health professionals that can be used during consultation.

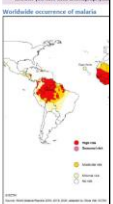


MALARIA PREVENTION / PROPHYLAXIS

Key Points

- Malaria is a life-threatening infection...
- Start taking prophylaxis 1-2 weeks before departure...
- Use a long-sleeved shirt and long trousers...
- Use mosquito nets and repellents...
- Take prophylaxis for 1-2 weeks after returning...

Available occurrence of malaria




How can I protect myself?

1. Malaria prevention requires a combination of...

2. Different mosquito protection...

3. Chemoprophylaxis is recommended...

4. Carrying a standby emergency treatment...



INFORMATIONSBLETT HEPATITIS A

Erreger
 Hepatitis A-Virus, ein kolonisiert HBV-Virus, welches nur bei Säuglingen geboren Menschen und die meisten rezeptionsfähigen, nicht-primärschleimigen Tieren...

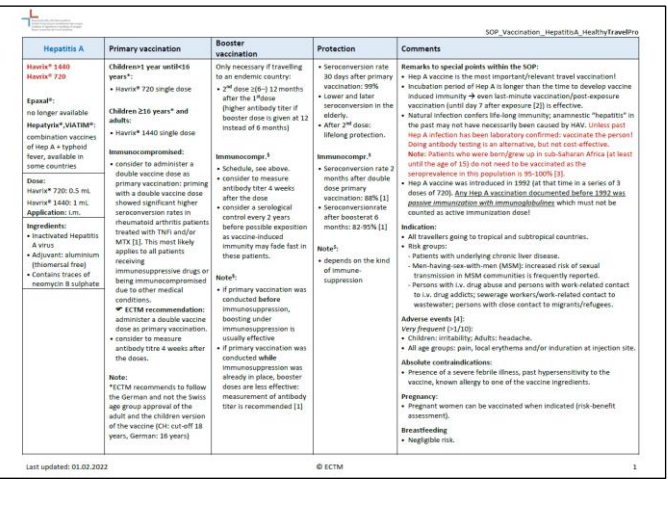
Übertragung
 Unter anderem Übertragung von der Infektionsquelle, 15 bis 50 Tage vor Mitte bis 30 Tage nach dem Auftreten der Symptome...

Klinik
 Die Inkubationszeit reicht von insgesamt Infektion bis zu Symptomen Hepatitis. Bei Erwachsenen verläuft die Infektion in der Regel asymptomatisch (50-70% der Infizierten). Bei Kindern kommt fast nur symptomatische Verläufe vor...

Diagnose
 Serologischer Nachweis von Antikörpern gegen das Hepatitis A-Virus ist die Untersuchung zwischen einer Woche und sechs Wochen (IgM) und mindestens vier Wochen (IgG). Bei nicht-primärschleimigen Tieren ist die Untersuchung von Antikörpern gegen das Hepatitis A-Virus...

Vorbeugen
 Mundhygiene, Nahrungsmittelhygiene, Hygiene der Hände, Vermeidung von Kontakt mit Blut, Vermeidung von Kontakt mit Urin, Stuhl, Speichel, Schweiß, Tränen, Nasensekret, Urin, Stuhl, Speichel, Schweiß, Tränen, Nasensekret, Urin, Stuhl, Speichel, Schweiß, Tränen, Nasensekret...

Impfung
 Die Hepatitis A-Virus ist ein unempfindliches Protein, über das ein Impfstoff hergestellt wird. Der Impfstoff ist ein inaktiviertes Virus, das aus dem Blut von Spendern besteht, die keine Hepatitis A haben. Der Impfstoff ist ein inaktiviertes Virus, das aus dem Blut von Spendern besteht, die keine Hepatitis A haben...



Hepatitis A	Primary vaccination	Booster vaccination	Protection	Comments
Heptaxin® 1440 Heptaxin® 720	Children 1 year and older • Heptaxin® 720 single dose Epidaxin® no longer available Heptaxin®/VIATIM® combination vaccines of Hep A + typhoid fever, available in some countries Dose: Heptaxin® 720: 0.5 mL Heptaxin® 1440: 1 mL Application: Im. Ingredients: • Inactivated Hepatitis A virus • Adjuvant: aluminum (potassium free) • Contains traces of neomycin & sulphate	Only necessary if travelling to an endemic country • 2 nd dose (see table) 12 months after the 1 st dose (higher antibody titer if booster dose is given at 12 instead of 6 months) Immunocomp.† • consider to administer a double vaccine dose as primary vaccination; priming with a double vaccine dose showed significant higher seroconversion rates in rheumatoid arthritis patients treated with TNFi and/or MTX [3]. This may slowly apply to all patients receiving immunosuppressive drugs or being immunocompromised due to other medical conditions. * ECTM recommendation: administer a double vaccine dose as primary vaccination. • consider to measure antibody titer 4 weeks after the 2 nd dose.	• Seroreconversion rate 30 days after primary vaccination: 95% • Lower and later seroconversion in the elderly. • After 2 nd dose: lifelong protection. Immunocomp.† • Seroreconversion rate 2 months after double dose primary vaccination: 88% [1] • Seroreconversion rate after booster 6 months: 83-99% [1] Note‡ • depends on the kind of immune-suppression	Remarks to special points within the SOP: • Hep A vaccine is the most important/relevant travel vaccination! • Incubation period of Hep A is longer than the time to develop vaccine induced immunity → even last-minute vaccination/post exposure vaccination (until day 7 after exposure [2]) is effective. • National infection control: life-long immunity; asymptomatic "hepatitis" in the past may not have necessarily been caused by HAV, (unless post Hep A infection has been laboratory confirmed; vaccinate the person! Doing antibody testing is an alternative, but not cost-effective. Note: Patients who were born/grew up in sub-Saharan Africa (at least until the age of 15) do not need to be vaccinated as the seroprevalence in this population is 90-100% [3]. • Hep A vaccine was introduced in 1992 (at that time in a series of 3 doses of 720). A Hep A vaccination documented before 1992 was positive immunization with immunoglobulins which must not be counted as active immunization dose! Indication: • All travellers going to tropical and subtropical countries. • Risk groups: - Patients with underlying chronic liver disease. - Men-having sex with men (MSM); increased risk of sexual transmission in MSM communities is frequently reported. - Persons with i.v. drug abuse and persons with work-related contact to i.v. drug addicts; sewerage workers/work-related contact to wastewater; persons with close contact to migrants/refugees. Adverse events [4]: • Very frequent (≥1/10): - Children: irritability; Adults: headache. • All age groups: pain, local erythema and/or induration at injection site. Absolute contraindications: • Presence of a severe allergic illness, past hypersensitivity to the vaccine, known allergy to any of the vaccine ingredients. Pregnancy: • Pregnant women can be vaccinated when indicated (risk-benefit assessment). Breastfeeding: • Negligible risk.

HOW TO REGISTER

To use HealthyTravel PRO, we kindly ask you to select and purchase your desired subscription plan on the website (<https://www.healthytravel.ch/payment-plans/>). Once the payment has been made, the content is immediately accessible.

Payment Plans

<p style="text-align: center;">Licence for 1 Login</p> <p style="text-align: center; font-weight: bold; color: red;">CHF 244</p> <ul style="list-style-type: none"> ✓ Use of professional content ✓ Access to SOP ✓ Detailed maps ✓ Valid for 1 year ✓ Can be used for consultations <p style="text-align: center; background-color: #007bff; color: white; padding: 5px; border-radius: 10px;">Subscribe Now</p>	<p style="text-align: center;">Licence for up to 6 Logins</p> <p style="text-align: center; font-weight: bold; color: red;">CHF 699</p> <ul style="list-style-type: none"> ✓ Use of professional content ✓ Access to SOP ✓ Detailed maps ✓ Valid for 1 year ✓ Can be used for consultations <p style="text-align: center; background-color: #007bff; color: white; padding: 5px; border-radius: 10px;">Subscribe Now</p>	<p style="text-align: center;">Licence for up to 10 Logins</p> <p style="text-align: center; font-weight: bold; color: red;">CHF 999</p> <ul style="list-style-type: none"> ✓ Use of professional content ✓ Access to SOP ✓ Detailed maps ✓ Valid for 1 year ✓ Can be used for consultations <p style="text-align: center; background-color: #007bff; color: white; padding: 5px; border-radius: 10px;">Subscribe Now</p>	<p style="text-align: center;">Licence for more than 10 Logins</p> <ul style="list-style-type: none"> ✓ Use of professional content ✓ Access to SOP ✓ Detailed maps ✓ Valid for 1 year ✓ Can be used for consultations <p style="text-align: center; background-color: #007bff; color: white; padding: 5px; border-radius: 10px;">Contact Us</p>
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If you would like to purchase a group subscription or a licence for more than 10 members, please contact us at info@healthytravel.ch to coordinate the activation procedure. All subscription plans are valid for 1 year and can be paid comfortably by credit card.

ANY QUESTIONS?

If you have any questions or remarks please do not hesitate to contact us info@healthytravel.ch ! We are looking forward to your registration!

With our best wishes,
 Your HealthyTravel Team

Powered by:
Swiss Expert Committee for Travel Medicine (ECTM)
 an organ of the
 Swiss Society of Tropical and Travel Medicine FMH
 Socinstrasse 55, Postfach, 4002 Basel

